

Dog Stew

Ingredients

2 sweet potatoes

2 large tomatoes

½ cup lentils

bunch of fresh asparagus

Chicken stock, with chicken pieces (no bones). You can boil the chicken and use the stock for the stew. Put the chicken aside and add later.

¼ tsp rosemary

¼ tsp tumeric

1Tbsp Olive Oil

Vegetables: Spinach, green beans, carrots, squash (no onions or corn)

Frozen vegetables can be used

Throw everything in a slow cooker and cook for about 4 hours or until veggies are soft. If frozen veggies are used, add them after fresh vegetables have cooked about 4 hours. At this time, you can add the chicken from the stock